

A secure multilevel test for educational and professional purposes

The Michigan English Test (MET) is an English proficiency exam for secondary school students and adults. Its certification is used for high-stakes decision-making in educational and professional settings. MET is offered as a digital 4-skill exam in test centers or at home or a shortened, digital 2-skill version at test centers.

MET Sections

The 4-skill MET features Writing, Listening, Reading, and Speaking sections. The 2-skill MET features Listening and Reading sections. Listening and Reading questions are multiple choice and have one correct answer. Writing requires responses to two tasks. The Speaking section is taken on the same day as the others.



Listening

The MET Listening section reflects language used in real-life situations. It contains three parts and assesses the ability of a test taker to understand a variety of speech in public, personal, educational, and workplace contexts. Questions feature short and long conversations as well as talks given by one person.

- 3 parts
- Multiple choice
- 50 questions
- 35 minutes

Reading

The MET Reading section covers a variety of global, local, and inferential reading skills. Reading questions reflect language used in real-life situations.

- Grammar and multiple-text reading
- Multiple choice
- 50 questions
- 65 minutes



Speaking

The MET Speaking section assesses a test taker's ability to describe a picture, talk about a personal experience related to the picture, provide a personal opinion, explain the advantages and disadvantages of a given situation, and persuading the examiner to agree with their opinion.

- The questions are presented on-screen
- Test takers record their verbal responses
- 5 stages
- 10 minutes

Writing

Test takers write several sentences in response to three related questions about their personal experiences. They will then write a formal, multi-paragraph essay in response to a prompt. There is no word limit for the essay, but test takers are advised to write one to two pages.

- 2 tasks
- 45 minutes

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Score Reports

MET score reports includes distinct sections:

- Test taker first and last name
- City and country of test administration
- Date of test administration
- Overall MET score and level aligned with the Common European Framework of Reference for Languages (CEFR); section scores for each skill area and their corresponding CEFR levels.

Availability

MET Digital is widely accessible to test takers. They can take the exam at a local Authorized Test Center, Prometric center, or remotely from their home almost anywhere in the world. Visit our online database to find an Authorized Test Center near you.

Exam Results

4-skill MET

- Results in 5 days
- Option to retake a section

2-skill MET

- Results in 5 days

Exam Preparation

MET is designed to evaluate high beginner to advanced levels of English proficiency (A2 to C1 on the CEFR). Test takers can prepare for MET Digital by familiarizing themselves with the format (i.e. item types and digital administration). Experts suggest developing their reading, writing, speaking, and listening skills through study and practice. Exam tasks are similar to those used in universal English courses and textbooks.

Resources

Our free, online Test Preparation Library offers resources for our paper-based and digital exams. Materials are designed for students, teachers, and test administrators.



MET Study Guide

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